

# Clinical Requirements

## Psychiatric-Mental Health Post-Master's Certificate

### Psych-Mental Health Nurse Practitioner

Clinical Course	Clinical Focus	Acceptable Clinical Sites	Acceptable Preceptors
<p><b>ANPS8028: Internship I</b>            Supervised Clinical Practice Across the Lifespan            1 credit  <b>168 clinical hours total</b>            (12 hours/week on average)            • Approval for telepsychiatry will be on a case-by-case basis. Students must appeal to Program Director for approval.            • <b>Focus: Psychotherapy</b></p>	<ul style="list-style-type: none"> <li>Learn initial aspects of Assessment and Diagnosis of Psychiatric Disorders using DSM 5</li> <li>Utilize theory and best practices in the choice of counseling techniques with individuals exhibiting specific diagnoses</li> <li>Conduct an on-going risk assessment for suicide, homicide, violence, etc.</li> <li>Assess the impact of acute and chronic medical problems on psychiatric treatment</li> <li>Apply components of culture, diversity, and recovery to the development of a treatment plan</li> <li>Plan systems interventions utilizing evidence-based practice</li> <li>Incorporate screening guidelines into plan of care to foster health promotion/ risk reduction.</li> <li>Plan educational interventions to foster patient understanding of mental illness and treatment.</li> <li>Show skill at maintaining the therapeutic relationship with individual and group clients</li> <li>Apply evidence-based therapy with individuals or groups</li> </ul>	<p><b>This clinical is exclusively focused on psychotherapy.</b>            Clinic examples include:</p> <ul style="list-style-type: none"> <li>Outpatient</li> <li>Inpatient</li> <li>Substance use</li> <li>Correctional</li> <li>Private practice</li> <li>Partial hospitalization</li> <li>Intensive outpatient</li> <li>Schools</li> </ul>	<p>Preceptor must be licensed to do psychotherapy in their state. Examples include:</p> <ul style="list-style-type: none"> <li>Social Workers</li> <li>Counselors/Therapists</li> <li>Psychologists</li> <li>Substance Abuse Counselors</li> <li>Group therapists</li> </ul> <p>Providers must be able to meet with student to discuss therapy sessions and to supervise/assist student's growth as a psychotherapist.</p> <p><b>**Psych NPs and Psychiatrists do not qualify, as they tend not to focus enough on psychotherapy to provide adequate learning opportunities for students.</b></p>
<p><b>ANPS8030: Internship II</b>            Supervised Clinical Practice Across the Lifespan            1 credit  <b>168 clinical hours total</b>            (12 hours/week on average)            • Telepsych OK per guidelines            • <b>Focus: Diagnostics &amp; Medication Management</b></p>	<ul style="list-style-type: none"> <li>Become skilled in the Assessment and Diagnostic processes</li> <li>Perform a comprehensive mental status exam on a variety of patients and integrate physical and mental health findings</li> <li>Construct a plan of care based on evidence-based practice and current guidelines within cultural and financial constraints</li> <li>Begin initial ability to collaborate and contribute to the ongoing team</li> <li>Begin to integrate psychopharmacology into treatment</li> <li>Function independently in the diagnostic process and the development of the treatment plan</li> <li>Plan educational interventions to foster patient understanding of mental illness and treatment</li> </ul>	<p>Clinic examples include:</p> <ul style="list-style-type: none"> <li>Outpatient</li> <li>Inpatient</li> <li>Substance use</li> <li>Correctional</li> <li>Private practice</li> <li>Partial hospitalization</li> <li>Intensive outpatient</li> <li>Schools</li> <li>Telepsychiatry</li> </ul>	<p>The acceptable preceptors listed below must have prescribing privileges:</p> <ul style="list-style-type: none"> <li>PMHNP-BC</li> <li>PMHCNS-BC</li> <li>Psychiatrist (board certified or board eligible)</li> </ul>
<p><b>ANPS8032: Internship III</b>            Supervised Clinical Practice Across the Lifespan            1 credit  <b>168 clinical hours total</b>            (12 hours/week on average)            • Telepsych OK per guidelines            • <b>Focus: Synthesis of all Learnings</b></p>	<ul style="list-style-type: none"> <li>Demonstrate competence in the assessment, diagnosis, care, and evaluation of patient care utilizing pharmacological and non-pharmacological interventions, including group and individual therapy.</li> <li>Apply evidence-based practices</li> <li>Construct a plan of care and evaluate outcomes utilizing evidence-based practice and current guidelines within cultural, legal, ethical and financial constraints</li> <li>Collaborate with the healthcare team in making patient care decisions and evaluating outcomes</li> <li>Illustrate the Psychiatric-Mental Health Nurse Practitioner role</li> </ul>	<p>Clinic examples include:</p> <ul style="list-style-type: none"> <li>Outpatient</li> <li>Inpatient</li> <li>Substance use</li> <li>Correctional</li> <li>Private practice</li> <li>Partial hospitalization</li> <li>Intensive outpatient</li> <li>Schools</li> <li>Telepsychiatry</li> </ul>	<p>The acceptable preceptors listed below must have prescribing privileges:</p> <ul style="list-style-type: none"> <li>PMHNP-BC</li> <li>PMHCNS-BC</li> <li>Psychiatrist (board certified or board eligible)</li> </ul>

- o It is acceptable to have more than 1 preceptor for each clinical course; however, a student should not have more than 2 preceptors per semester.
- o Up to 204 clinical hours may be earned utilizing telepsychiatry educational modality. Students must have 100 in-person hours in each of 3 age demographics.