# Psychiatric Mental Health Nurse Practitioner Post-Master’s Certificate Program

**Effective 2019 Spring Admits and Before**

## Psychiatric Nurse Practitioner

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| **ANPS8028**  
**Internship I:** Supervised Clinical Practice Across the Lifespan  
1 credit  
140 clinical hours total  
126 hours direct and 14 hours faculty clinical supervision  
• Approval for telepsychiatry will be on a case by case basis. Student MUST appeal to Program Director for pre-review. | • Learn initial aspects of Assessment and Diagnosis of Psychiatric Disorders using DSM 5  
• Utilize theory and best practices in the choice of counseling techniques with individuals exhibiting specific diagnoses  
• Conduct an on-going risk assessment for suicide, homicide, violence, etc.  
• Assess the impact of acute and chronic medical problems on psychiatric treatment  
• Apply components of culture, diversity, and recovery to the development of a treatment plan  
• Plan systems interventions utilizing evidence-based practice  
• Incorporate screening guidelines into plan of care to foster health promotion/risk reduction.  
• Plan educational interventions to foster patient understanding of mental illness and treatment.  
• Apply evidence-based therapy with individuals or groups  
| Must be at a site that allows time for therapy. Examples are:  
- Outpatient facilities  
- Primary care facilities  
- Psychiatrist’s office  
- Criminal Justice Facilities  
| - Psych NP/CNS  
- Psychiatrist  
- Other providers licensed to do therapy and other activities as listed in clinical focus. Providers must be able to meet with student to discuss therapy sessions and to supervise/assist student’s growth as a therapist. |
| **ANPS8030**  
**Internship II:** Supervised Clinical Practice Across the Lifespan  
1 credit  
(9 hours per week clinical, one hour per week clinical supervision)  
140 clinical hours total  
126 hours direct and 14 hours faculty clinical supervision  
• Telepsych okay per guidelines | • Become skilled in the Assessment and Diagnostic processes  
• Perform a comprehensive mental status exam on a variety of patients and integrate physical and mental health findings.  
• Construct a plan of care based on evidence-based practice and current guidelines within cultural and financial constraints  
• Begin initial ability to collaborate and contribute to the ongoing team  
• Begin to integrate psychopharmacology into treatment  
• Function independently in the diagnostic process and the development of the treatment plan  
• Plan educational interventions to foster patient understanding of mental illness and treatment.  
| Outpatient facilities  
Primary care facilities  
Psychiatrist’s office  
Criminal Justice Facilities  
Inpatient facilities as determined by role of preceptor (i.e.: for rounding, etc.)  
| - Psych NP/CNS  
- Psychiatrist  
- Certified in Psychiatry |
| **ANPS8032**  
**Internship III:** Supervised Clinical Practice Across the Lifespan  
2 credits  
280 clinical hours total  
266 hours direct and 14 hours faculty clinical supervision  
• Telepsych okay per guidelines | • Demonstrate competence in the assessment, diagnosis, care, and evaluation of patient care utilizing pharmacological and non-pharmacological interventions, including group and individual therapy.  
• Apply evidence-based practices.  
• Construct a plan of care and evaluate outcomes utilizing evidence-based practice and current guidelines within cultural, legal, ethical and financial constraints.  
• Collaborate with the health care team in making patient care decisions and evaluating outcomes.  
• Illustrate the Psychiatric Mental Health Nurse Practitioner roles.  
| Outpatient facilities  
Primary care facilities  
Psychiatrist’s office  
Criminal Justice Facilities  
Inpatient facilities as determined by role of preceptor (i.e.: for rounding, etc.)  
| - Psych NP/CNS  
- Psychiatrist  
- Certified in Psychiatry |

- It is acceptable to have more than one preceptor for each clinical course; however, you may not have more than two preceptors per semester.
- 25-50% telepsych permissible with adult population in Internship II & III (Please contact Dr. Tyson for permission.)

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