# Psychiatric Mental Health Nurse Practitioner Post-Master’s Certificate Program

**Effective 2019 Summer Admits and Beyond**

## Psychiatric Nurse Practitioner

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| ANPS8028 Internship I: Supervised Clinical Practice Across the Lifespan 1 credit | 168 clinical hours total (12 hours per week clinical)  
- Approval for telepsychiatry will be on a case by case basis. Student MUST appeal to Program Director for pre-review.  
- Learn initial aspects of Assessment and Diagnosis of Psychiatric Disorders using DSM 5  
- Utilize theory and best practices in the choice of counseling techniques with individuals exhibiting specific diagnoses  
- Conduct an on-going risk assessment for suicide, homicide, violence, etc.  
- Assess the impact of acute and chronic medical problems on psychiatric treatment  
- Apply components of culture, diversity, and recovery to the development of a treatment plan  
- Plan systems interventions utilizing evidence-based practice  
- Incorporate screening guidelines into plan of care to foster health promotion/risk reduction.  
- Plan educational interventions to foster patient understanding of mental illness and treatment.  
- Show skill at maintaining the therapeutic relationship with individual and group clients  
- Apply evidence-based therapy with individuals or groups | Must be at a site that allows time for therapy. Examples are:  
- Outpatient facilities  
- Primary care facilities  
- Psychiatrist’s office  
- Criminal Justice Facilities |  
- Psych NP/CNS  
- Psychiatrist  
- Other providers licensed to do therapy and other activities as listed in clinical focus. Providers must be able to meet with student to discuss therapy sessions and to supervise/assist student’s growth as a therapist. |
| ANPS8030 Internship II: Supervised Clinical Practice Across the Lifespan 1 credit | 168 clinical hours total (12 hours per week clinical)  
- Telepsych okay per guidelines  
- Become skilled in the Assessment and Diagnostic processes  
- Perform a comprehensive mental status exam on a variety of patients and integrate physical and mental health findings.  
- Construct a plan of care based on evidence-based practice and current guidelines within cultural and financial constraints  
- Begin initial ability to collaborate and contribute to the ongoing team  
- Begin to integrate psychopharmacology into treatment  
- Function independently in the diagnostic process and the development of the treatment plan  
- Plan educational interventions to foster patient understanding of mental illness and treatment | Must be at a site that allows time for therapy. Examples are:  
- Outpatient facilities  
- Primary care facilities  
- Psychiatrist’s office  
- Criminal Justice Facilities  
- Inpatient facilities as determined by role of preceptor (i.e.: for rounding, etc.) |  
- Psych NP/CNS  
- Psychiatrist  
- Certified in Psychiatry |
| ANPS8032 Internship III: Supervised Clinical Practice Across the Lifespan 1 credit | 168 clinical hours total (12 hours per week clinical)  
- Telepsych okay per guidelines  
- Demonstrate competence in the assessment, diagnosis, care, and evaluation of patient care utilizing pharmacological and non-pharmacological interventions, including group and individual therapy.  
- Apply evidence-based practices.  
- Construct a plan of care and evaluate outcomes utilizing evidence-based practice and current guidelines within cultural, legal, ethical and financial constraints.  
- Collaborate with the health care team in making patient care decisions and evaluating outcomes.  
- Illustrate the Psychiatric Mental Health Nurse Practitioner roles. | Must be at a site that allows time for therapy. Examples are:  
- Outpatient facilities  
- Primary care facilities  
- Psychiatrist’s office  
- Criminal Justice Facilities  
- Inpatient facilities as determined by role of preceptor (i.e.: for rounding, etc.) |  
- Psych NP/CNS  
- Psychiatrist  
- Certified in Psychiatry |

- It is acceptable to have more than one preceptor for each clinical course; however, you may not have more than two preceptors per semester.
- Telepsych permissible for internship hours, after 100 hours minimum in-person direct patient hours completed in each of pediatric, adult, and geriatric populations. (Please contact Dr. Tyson for permission.)