

Clinical Requirements

Psychiatric-Mental Health NP Post-Master's Certificate

Psych Mental Health Nurse Practitioner

| Clinical Course | Clinical Focus | Acceptable Clinical Sites | Acceptable Preceptors |
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| <p>ANPS8028: Internship I Supervised Clinical Practice Across the Lifespan 1 credit 168 clinical hours total (12 hours/week on average) • <i>Approval for telepsychiatry will be on a case-by-case basis. Students must appeal to Program Director for approval.</i> • Focus: Psychotherapy</p> <p>*PLEASE SEE ASTERISK BELOW THIS CHART IF YOU INTEND TO COMPLETE CLINICAL ACTIVITY IN CALIFORNIA.</p> | <ul style="list-style-type: none"> Learn initial aspects of Assessment and Diagnosis of Psychiatric Disorders using DSM 5 Utilize theory and best practices in the choice of counseling techniques with individuals exhibiting specific diagnoses Conduct an on-going risk assessment for suicide, homicide, violence, etc. Assess the impact of acute and chronic medical problems on psychiatric treatment Apply components of culture, diversity, and recovery to the development of a treatment plan Plan systems interventions utilizing evidence-based practice Incorporate screening guidelines into plan of care to foster health promotion/ risk reduction. Plan educational interventions to foster patient understanding of mental illness and treatment. Show skill at maintaining the therapeutic relationship with individual and group clients Apply evidence-based therapy with individuals or groups | <p>This clinical is exclusively focused on psychotherapy. Clinic examples include:</p> <ul style="list-style-type: none"> Outpatient Inpatient Substance use Correctional Private practice Partial hospitalization Intensive outpatient Schools | <p>Preceptor must be licensed to do psychotherapy in their state. Examples include:</p> <ul style="list-style-type: none"> Social Workers Counselors/Therapists Psychologists Substance Abuse Counselors Group therapists <p>Providers must be able to meet with student to discuss therapy sessions and to supervise/assist student's growth as a psychotherapist. **Psych NPs and Psychiatrists do not qualify, as they tend not to focus enough on psychotherapy to provide adequate learning opportunities for students.</p> |
| <p>ANPS8030: Internship II Supervised Clinical Practice Across the Lifespan 1 credit 168 clinical hours total (12 hours/week on average) • <i>Telepsych OK per guidelines</i> • Focus: Diagnostics & Medication Management</p> | <ul style="list-style-type: none"> Become skilled in the Assessment and Diagnostic processes Perform a comprehensive mental status exam on a variety of patients and integrate physical and mental health findings Construct a plan of care based on evidence-based practice and current guidelines within cultural and financial constraints Begin initial ability to collaborate and contribute to the ongoing team Begin to integrate psychopharmacology into treatment Function independently in the diagnostic process and the development of the treatment plan Plan educational interventions to foster patient understanding of mental illness and treatment | <p>Clinic examples include:</p> <ul style="list-style-type: none"> Outpatient Inpatient Substance use Correctional Private practice Partial hospitalization Intensive outpatient Schools Telepsychiatry | <p>The acceptable preceptors listed below must have prescribing privileges:</p> <ul style="list-style-type: none"> PMHNP-BC PMHCNS-BC Psychiatrist (board certified or board eligible) |
| <p>ANPS8032: Internship III Supervised Clinical Practice Across the Lifespan 1 credit 168 clinical hours total (12 hours/week on average) • <i>Telepsych OK per guidelines</i> • Focus: Synthesis of all Learnings</p> | <ul style="list-style-type: none"> Demonstrate competence in the assessment, diagnosis, care, and evaluation of patient care utilizing pharmacological and non-pharmacological interventions, including group and individual therapy. Apply evidence-based practices Construct a plan of care and evaluate outcomes utilizing evidence-based practice and current guidelines within cultural, legal, ethical and financial constraints Collaborate with the healthcare team in making patient care decisions and evaluating outcomes Illustrate the Psychiatric-Mental Health Nurse Practitioner role | <p>Clinic examples include:</p> <ul style="list-style-type: none"> Outpatient Inpatient Substance use Correctional Private practice Partial hospitalization Intensive outpatient Schools Telepsychiatry | <p>The acceptable preceptors listed below must have prescribing privileges:</p> <ul style="list-style-type: none"> PMHNP-BC PMHCNS-BC Psychiatrist (board certified or board eligible) |

* For students planning to complete clinical activity in California for ANPS8028: Internship I: The California Board of Registered Nursing outlines that preceptors must be an NP, physician, psychiatrist (pending approval from the program director), or clinical psychologists. Therapists and counselors are not considered appropriate preceptors for these clinical experiences in California.

- It is acceptable to have more than 1 preceptor for each clinical course; however, a student should not have more than 2 preceptors per semester.
- Up to 204 clinical hours may be earned utilizing telepsychiatry educational modality. Students must have 100 in-person hours in each of 3 age demographics.
- A minimum of 40 hours with each preceptor is required. Students who wish to acquire additional hours (over 168 hr) during a semester must obtain permission from Dr. Tyson, the program director.