## Psych Mental Health Nurse Practitioner

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| **ANPS8028: Internship I** | - Supervised Clinical Practice Across the Lifespan 1 credit 168 clinical hours total (12 hours/week on average) • Telepsych OK per guidelines • Focus: Psychopharmacology | - Learn initial aspects of Assessment and Diagnosis of Psychiatric Disorders using DSM 5 - Utilize theory and best practices in the choice of counseling techniques with individuals exhibiting specific diagnoses - Conduct an on-going risk assessment for suicide, homicide, violence, etc. - Assess the impact of acute and chronic medical problems on psychiatric treatment - Apply components of culture, diversity, and recovery to the development of a treatment plan - Plan systems interventions utilizing evidence-based practice - Incorporate screening guidelines into plan of care to foster health promotion/ risk reduction. - Plan educational interventions to foster patient understanding of mental illness and treatment. - Show skill at maintaining the therapeutic relationship with individual and group clients - Apply evidence-based therapy with individuals or groups | This clinical is exclusively focused on psychotherapy. Clinic examples include:  
- Outpatient  
- Inpatient  
- Substance use  
- Correctional  
- Private practice  
- Partial hospitalization  
- Intensive outpatient  
- Schools  
Preceptor must be licensed to do psychotherapy in their state. Examples include:  
- Social Workers  
- Counselors/Therapists  
- Psychologists  
- Substance Abuse Counselors  
- Group therapists  
Providers must be able to meet with student to discuss therapy sessions and to supervise/assist student’s growth as a psychotherapist. **Psych NPs and Psychiatrists do not qualify, as they tend not to focus enough on psychotherapy to provide adequate learning opportunities for students.** |

| **ANPS8030: Internship II** | - Supervised Clinical Practice Across the Lifespan 1 credit 168 clinical hours total (12 hours/week on average) • Telepsych OK per guidelines • Focus: Diagnostics & Medication Management | - Become skilled in the Assessment and Diagnostic processes - Perform a comprehensive mental status exam on a variety of patients and integrate physical and mental health findings - Construct a plan of care based on evidence-based practice and current guidelines within cultural and financial constraints - Begin initial ability to collaborate and contribute to the ongoing team - Begin to integrate psychopharmacology into treatment - Function independently in the diagnostic process and the development of the treatment plan - Plan educational interventions to foster patient understanding of mental illness and treatment | Clinic examples include:  
- Outpatient  
- Inpatient  
- Substance use  
- Correctional  
- Private practice  
- Partial hospitalization  
- Intensive outpatient  
- Schools  
Telepsychiatry  
The acceptable preceptors listed below must have prescribing privileges:  
- PMHNP-BC  
- PMHCNS-BC  
- Psychiatrist (board certified or board eligible) |

| **ANPS8032: Internship III** | - Supervised Clinical Practice Across the Lifespan 1 credit 168 clinical hours total (12 hours/week on average) • Telepsych OK per guidelines • Focus: Synthesis of all Learnings | - Demonstrate competence in the assessment, diagnosis, care, and evaluation of patient care utilizing pharmacological and non-pharmacological interventions, including group and individual therapy. - Apply evidence-based practices. - Construct a plan of care and evaluate outcomes utilizing evidence-based practice and current guidelines within cultural, legal, ethical and financial constraints - Collaborate with the healthcare team in making patient care decisions and evaluating outcomes - Illustrate the Psychiatric-Mental Health Nurse Practitioner role | Clinic examples include:  
- Outpatient  
- Inpatient  
- Substance use  
- Correctional  
- Private practice  
- Partial hospitalization  
- Intensive outpatient  
- Schools  
Telepsychiatry  
The acceptable preceptors listed below must have prescribing privileges:  
- PMHNP-BC  
- PMHCNS-BC  
- Psychiatrist (board certified or board eligible) |

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- It is acceptable to have more than 1 preceptor for each clinical course; however, a student should not have more than 2 preceptors per semester.
- Up to 204 clinical hours may be earned utilizing telepsychiatry educational modality. Students must have 100 in-person hours in each of 3 age demographics.
- A minimum of 40 hours with each preceptor is required. Students who wish to acquire additional hours (over 168 hr) during a semester must obtain permission from Dr. Tyson, the program director. Revised 12/2021